

Chaplaincy Team – Liturgical Prayer Plan

Virtues



Virtues at St Thomas More

Virtues are the special graces given by God. They are the good habits that help us to act according to God's love for us.

I am <i>diligent</i> I work hard and try my best.	I am <i>helpful</i> I find things that need to be done and do them.	I am <i>perseverant</i> I am a have a go hawk!	I am <i>kind</i> I treat others the way I would like to be treated
I am <i>honest</i> I think the truth, I speak the truth, I live the truth.	I am <i>patient</i> I graciously wait, without complaint.	I am <i>content</i> I am happy with what I have and what I am doing	I am <i>gentle</i> I am caring towards all.
I am <i>attentive</i> I give my full attention to the needs and feelings of	I am <i>forgiving</i> I choose to love when others hurt me.	I am <i>obedient</i> I follow instructions willingly and cheerfully.	I am <i>self-controlled</i> I make myself do the right thing.

<u>Half Term</u>	<u>Virtues</u>
Autumn 1	Kind Gentle
Autumn 2	Helpful Content
Spring 1	Perseverant Self – Controlled
Spring 2	Obedient Attentive
Summer 1	Forgiving Patient
Summer 2	Diligent Honest