



ST. THOMAS MORE CATHOLIC

PRIMARY SCHOOL

Personal, Social, Health and Citizenship Education (PSHCE) POLICY

MISSION STATEMENT

I have come so that they may have life and have it to the full - John 10:10

As a Catholic school, God is at the heart of all we do. We believe that each person is made in His image, deserving to be treated with respect and dignity.

Showing respect, love and care for everyone and everything, we aim to develop harmony between pupils, parents, the school and Parish and grow as a Christian community.

We aim to embed the virtues in every child to believe in themselves to be the best that they can be and leave school as well-rounded individuals who care about themselves, others, and the world.

This policy must be read in conjunction with the Safeguarding and Child Protection Policy, the RHSE Policy & the Behaviour Management and Exclusions Policy

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St. Thomas More Catholic Primary School

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1. Introduction

This policy has been developed by a working group, which has consulted with parents, pupils and staff through online surveys, parent consultations and meetings and pupil conferencing.

This policy is available from the school office and is published for parents/carers on the school website.

2. Aims

The Aims of PSHCE are to enable the children:

- 2.1 To know the difference between right and wrong and the need for rules to determine our actions;
- 2.2 Understand the rights and responsibilities of being Christian and living in today's society;
- 2.3 Know and understand what constitutes a healthy lifestyle and be able to make informed choices regarding personal, social and health issues;
- 2.4 Be aware of safety issues which affect their own lives and the lives of others;
- 2.5 Have respect for others and understand what makes for good relationships within the school community and beyond;
- 2.6 To learn how to resolve conflict;
- 2.7 To develop a sense of personal identity and self;
- 2.8 To be positive and active members of a democratic society.

3. PSHCE Requirements

Relationship, Health and Sex Education – Our school has a policy on Relationship, Health and Sex Education (RHSE), which includes sections on safeguarding and confidentiality and the right of parents to withdraw children from lessons. As a Catholic School, we adhere to Diocesan advice on Relationship and Sex Education and we are currently following the Diocesan endorsed scheme of work entitled 'Life to the full'.

Drug, Alcohol and Tobacco Education – We aim to follow the Science objectives laid out in the National Curriculum, with explicit teaching for children in Years 5 and 6 from Coram Life Education. All year groups are taught aspects of drug, tobacco and alcohol education through our bespoke 'Learning For Life' curriculum (see Teaching and Learning). Although it is teachers who will teach drug education, where appropriate, outside visitors will make a contribution. Such visitors should be used in a planned way and make a valued contribution to pupils' education. Teachers will have access to on-going advice, support and training as part of their own professional development. The school actively cooperates with agencies such as the LA, the police, and health and drug agencies.

Fundamental British Values – We will promote children's spiritual, moral, social and cultural (SMSC) development through our school ethos, values and virtues, as well as through Catholic Social Teaching. This is shared by the whole school on a termly basis and underpins

all teaching and learning throughout. Our school promotes the fundamental British Values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.

4. Teaching and Learning

We have combined our PSHCE and RHSE Curriculum to create our bespoke 'Learning For Life' programme. Learning For Life is at the heart of everything we do at St Thomas More. We teach Learning For Life throughout the school as a discreet subject and also incorporate it in other areas of the curriculum, for example Science, RE, PE and Computing. It may also be taught through circle times, assemblies and Celebration of The Word. PSHCE themes have been carefully chosen to link with events planned nationally and within school throughout the academic year.

All lessons are supported through the use of the PINK curriculum planning tools and resources, SCARF (Safety', 'Caring', 'Achievement', 'Resilience' and 'Friendship') resources and TenTen's Life to The Full programme. The PINK Curriculum has been written by the Healthy Living and Learning team of Lead Teachers to meet the needs of all children and young people in Gloucestershire primary schools. We encourage the children to take part in a range of practical activities that promote active citizenship e.g. Charity fundraising, play buddies, learning buddies, School council.

PSHCE learning outcomes have been carefully matched to the three overarching themes and have been linked carefully with our 'Life to the Full' RHSE scheme, as well as our Computing curriculum to ensure total progressive coverage across the key stages.

Whole School Learning For Life Overview:

Term	Learning for Life Theme
Autumn 1 & 2	Created and Loved by God (Health and Well being)
Spring 1 and 2	Created to Love Others (Relationships)
Summer 1 and 2	Created to live in Community (Living in the Wider World)

5. Monitoring and Feedback

The designated PSHCE Coordinator is responsible for monitoring the impact of the PINK Curriculum in all Key Stages including EYFS. This includes planning scrutiny, book scrutiny, pupil conferencing, lesson observations and the Pupil Wellbeing Survey. Evidence of the impact of the PSHCE Curriculum can also be gathered from the wider school

environment including the behaviour, mindset and wellbeing of the children. This will be fed back to staff and evidence collated in the Coordinator file.

6. Healthy Lifestyles

Pupils need practical knowledge and skills to live healthily. At St Thomas More Catholic Primary School we promote children bringing healthy snacks for break time through letters to parents, the school newsletter and website. Key Stage 1 and EYFS pupils have free fruit in accordance with the government initiative. All children under 5 are entitled to milk and it is made available for other children throughout the key stages to be ordered through parents pay. Our school provides children with a minimum of 2 hours of sport each week and are given further opportunities through extra curricular activities and inter school competitions. Pupils from Year Two to Year 6 have a ten week block of swimming lessons throughout the school year.

7. Inclusion

At St Thomas More Catholic Primary School we endeavour to create an ethos of achievement for all pupils by promoting high expectations. We value a broad range of talents, abilities and achievements and promote success and self-esteem by taking action to remove barriers to learning.

8. Partnership with Parents/Carer(s)

Parents and carer(s) are invited to actively participate in class and whole school activities that promote wellbeing, health and citizenship. Parents are involved in discussion and consent for children to partake in aspects of the curriculum. Home/school relationships are made to develop strong links within the social and emotional development of pupils.

9. Safeguarding

- 9.1 All adults have a responsibility to ensure the safety and welfare of pupils. Staff must be aware that effective Personal, Social, Health and Citizenship education which brings an understanding of what is and is not acceptable in relationships, can lead to a disclosure of a safeguarding issue.
- 9.2 If a child makes a disclosure then all adults will adhere to the Safeguarding and Child Protection Policy.
- 9.3 Teachers will ensure that children are taught how to keep themselves safe and make informed choices related to their well being, on and off line.